

## Early Head Start

A program for pregnant women, infants, and toddlers and their families which provides services, resources, and opportunities for success in the home and in the community.

Services may include:

- Weekly Home Visits
- Monthly Group Socializations - playgroups & field trips (zoo, museum, park, etc.)
- Individualized Monthly Lesson Plans
- Goal Setting
- Parenting Education
- Transportation to Health Appointments

Early Head Start is available to families who meet income guidelines (can include foster children, homeless families, or families receiving SSI, cash assistance or child care assistance), AND have at least one of the following:

- a pregnant mom
- an infant or toddler from birth to three years old, including those with special needs



For more information contact:

Early Head Start  
40 Cook Drive  
Bad Axe, MI 48413  
989-269-0011

## Maternal Infant Health Program

The Maternal Infant Health Program (MIHP) is a home visiting program for expectant women and infants with Medicaid insurance. MIHP benefits:

- include babies born to moms in MIHP are healthier
- families learn how their babies are growing
- moms get help with breastfeeding
- participants are connected with resources in the community.

The home visitor will:

- help with prenatal care
- answer questions about being pregnant and labor and delivery
- answer questions about caring for your baby
- help with getting food or a place to live
- help you learn about buying, fixing and eating healthy foods
- help with health problems that could affect your pregnancy, like diabetes, asthma, high blood pressure, depression or anxiety
- help with changes that you decide to make to be healthy, such as quitting or cutting down on smoking, alcohol or drugs
- help if you're concerned about abuse or violence in your life
- answer questions about family planning (birth control)
- connect you with community services, like child-birth education classes, baby panties that give out baby items for free, the WIC food program, or heat and electricity.

For more information contact:

Huron County Health  
Department  
1142 S. Van Dyke  
Bad Axe, MI 48413  
989-269-3326



## Parents As Teachers (PAT)

PAT offers parents knowledge and skills to enhance their child's development during the crucial early years of life building a foundation for success in school and in life. Home visits take place on a regular basis in which parent educators work with parents to address parenting concerns, provide parenting support, and share age-appropriate information and activities for their children.

PAT offers:

- Information on child development from birth through age eight;
- Methods and activities to engage family members and enhance parent-child interaction promoting social and emotional development;
- Periodic screening for early identification of developmental delays or health, vision and hearing issues;
- Group meetings for parents and children promoting social interaction with other families and community members; and
- Referrals to needed community services.

*Helping parents to be their child's first & best teacher!*



Parents as Teachers

For more information contact:  
Huron Intermediate School District  
1299 S. Thomas Road, Suite 1  
Bad Axe, MI 48413  
989-269-3492

## Parent Support Programs

### Early On/Build Up

Offers early intervention services for infants and toddlers, birth through 5 years of age, with developmental delays and/or disabilities, and their families. Unsure if your child may have a delay, call the Huron Intermediate School District @ 989-269-9274 or 269-3484 for a free developmental assessment.



### Infant Mental Health and Children's Services

Home visiting services for parents of young children. Call Huron Behavioral Health @ 989-269-9293 or ACCESS Alliance @ 800-448-5498.

### CARE Classes (Caring Adults Receiving Education)

Free training for parents and child care providers. Topics may include: typical and atypical development, transitions, science and math, speech and language, arts and crafts projects, sign language, child abuse/neglect, and staff/parent interactions. Call Early Head Start @ 989-269-0011 for the schedule of upcoming classes and to register.

*Huron County Parenting Education brochure— July 2020  
These materials developed under a grant through the  
Michigan Department of Education.*

## Services Promoting Healthy Babies

Huron County Health Department: 989-269-9721

- WIC 269-3301
- Immunizations 269-9723
- Children's Special Health Care Services: Provides financial assistance and case management to children who have a chronic health problem or handicapping condition. 269-3330
- Substance Abuse Prevention: Provides information and referrals for substance abuse treatment. Ext. 110
- Breastfeeding Support Program: Free breastfeeding assistance for all breastfeeding or planning to breastfeed. 269-3325
  - ⇒ Phone or "Drop In" support
  - ⇒ Lactation consultant
  - ⇒ Weight gain concerns
  - ⇒ Breastfeeding classes

### Great Start Parent Coalition

The Great Start Parent Coalition is a dedicated group of parents, grandparents and care givers who provide support, education and advocacy on the issues of early childhood. The coalition membership is open to anyone serving in a parenting role of any young children. Members of the parent coalition have the opportunity to build relationships with other parents of young children while being involved in the decision-making process to improve the early childhood system within Huron County. The parent coalition is a great way to make Huron County a better place for all children. Call 989-269-3493 to join!

### Give your kids a GREAT START!

For information about resources and supports for families with young children please visit [www.greatstarthuron.com](http://www.greatstarthuron.com).

# Huron County Home Visiting & Parent Support Programs



*"Helping you be the best  
parent you can be!"*

