

Huron County

Community Resource Guide



Resources assembled by



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

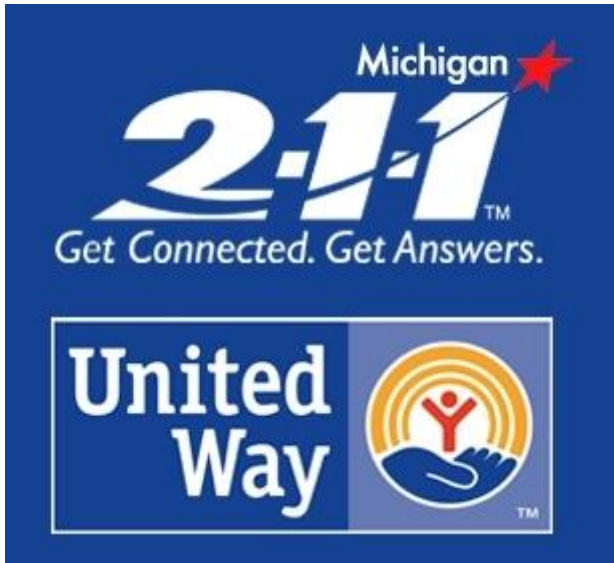
2021

Huron
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL911

- Children & Adult Protective Services
..... (855) 444-3911
- National Human Trafficking Hotline
..... (888) 373-7888
- Thumb Area Assault Crisis Line..... (800) 292-3666
- Affirmations (LGBT)
www.goaffirmations.org..... (248) 398-7105
- Common Ground Crisis Line
www.commongroundhelps.org (800) 231-1127
- Equality Michigan..... (313) 537-7000
- LGBT Resources..... www.equalitymi.org
- HAVEN Crisis Line (877) 922-1274
- HOPE for Trafficking..... (248) 838-9189
- EMAIL: hello@hopeagainsttrafficking.org
- Huron County Child Abuse/Neglect. (989) 550-6261
- Michigan Coalition to End Domestic & Sexual
Violence (MCEDSV) (517) 347-7000
- Domestic & Sexual Violence Helpline
..... (800) 799-7233
- RAINN (Rape & Incest National Network)
www.rainn.org (800) 656-4673
- Victim Connect..... (855) 484-2846
- Stalking Victim Hotline.....www.victimconnect.org
- Suicide Prevention..... (800) 273-8255

ADULT AGING SERVICES

Area Agency on Aging

- For assistance in linking to and coordinating
community resources. (800) 858-1637
- HAP Senior Plus..... (800) 868-9885
- Lakeshore Legal Aid (888) 783-8190
- Legal Hotline for Michigan Seniors.. (800) 347-5297
- Medicare Hotline (800) 633-4227
- Medicare/Medicaid Assistance Program
..... (800) 803-7174
- MI Choice (Medicaid) Home and Community
Region 7 Area Agency on Aging (989) 893-4506
- Social Security (800) 772-1213

Adult Day Services

Senior Dining Centers:

- American Legion Hall (989) 856-4330
Caseville, MI
- Bad Axe Senior Center (989) 551-6325
Bad Axe, MI
- Harbor House.....(989) 479-3319
Harbor Beach, MI
- Sebewaing Community Center..... (989) 553-1268
Sebewaing, MI
- U&I Club (989) 738-5080
Port Austin, MI

Human Development Commission Adult
Day Services:

- Bad Axe..... (989) 269-6015
- Caro (989) 672-2273
- Sandusky..... (810) 648-9452
- Meals on Wheels..... (800) 843-6394

Adult Foster Care

- Autism Society of MI..... (800) 328-8476
- Assisted Living Facilities..... (866) 333-6002
- Country Gardens. (989) 453-7474
Pigeon, MI
- Genesis CLF Aged (989) 658-8721
Ubly, MI
- Karen’s Place (989) 574-6838
Harbor Beach, MI
- Lees AFC Home (989) 453-2947
Pigeon, MI
- Medallion Village AFC (989) 883-9902
Sebewaing, MI
- Rockefeller AFC Home (989) 665-2440
Gagetown, MI
- Talaski Adult Foster Care Home..... (989) 269-8883

Alzheimer's & Dementia Support

Alzheimer's Association 24/7 Helpline
..... (800) 272-3900
Alzheimer's Association Greater Michigan Chapter
..... (616) 459-4558
Huron Behavioral Health Geriatric Outreach
Program Alzheimer's Support Group
..... (989) 269-9293

Assisted Living

Country Bay Village (989) 453-2188
Pigeon, MI
Country Gardens Assisted Living..... (989) 453-7474
Pigeon, MI
Meadow Lane Assisted Living..... (989) 269-8890
Bad Axe, MI
Osantoski Inc (989) 269-6320
Bad Axe, MI
Rose Garden Senior Living..... (989) 551-2222
Pigeon, MI
Rose Garden Senior Living..... (989) 553-2700
Elkton, MI
Shady Acres Assisted Living (989) 269-7658

ANIMAL SUPPORT

Animal Shelters

Bad Axe Animal Medical Clinic..... (898) 269-8564
Countryside Kennels (989) 551-7790
Bad Axe, MI
Thumb Animal Shelter (989) 375-4204
Elkton, MI

COUNTY & CITY RESOURCES

Circuit Court..... (989) 269-9942
District Court (989) 269-9987
County Clerk..... (898) 269-6160
Friend of the Court..... (989) 269-9545

DISABILITY RESOURCES

Huron Behavioral Health Disability Services
..... (989) 269-9293
Michigan Commission for the Blind. (800) 292-4200
Michigan Commission for the Deaf . (800) 257-4850
Michigan Department of Health & Human
Services (989) 269-9201

Michigan Rehabilitation Services..... (877) 620-7929
Thumb Industries, Inc. (989) 269-9229
Community based work programs that provide
training for persons with disabilities. Bad Axe

EDUCATION & TRAINING

Adult Programs

GST Michigan Works! Bad Axe Service
Center..... (989) 269-2311
Adult Education..... (517) 373-8800

Childcare Centers & Preschools

Adams School Preschool..... (989) 269-8944
Bad Axe, MI
Bad Axe Elementary ECC..... (989) 269-2736
Cross Lutheran Preschool (989) 453-3330
Pigeon, MI
Early Years (989) 269-2383
Bad Axe, MI
Harbor Beach ECC (989) 479-0240
Huron Learning Center..... (989) 269-9274
Bad Axe, MI
Kids World Preschool (989) 269-9284
Bad Axe, MI
Laker ECC..... (989) 453-3729
Pigeon, MI
Little Pirates' Preschool (989) 479-3261
Harbor Beach, MI
North Huron Early Learning Center-
GSRP..... (989) 874-4101
Kinde, MI
North Huron/Kinde ECC (989) 874-7424
Our Lady of Lake Huron (989) 479-0606
Harbor Beach, MI
Our Savior Preschool..... (989) 269-7642
Bad Axe, MI
Owen-Gage Preschool..... (989) 678-4141
Owendale, MI
Pigeon Children's Discovery Center . (989) 453-2111
Sonshine Kids Daycare-Bad Axe..... (989) 269-8600
St. John's Lutheran Preschool..... (989) 453-2861
Pigeon, MI
Ugly Community Schools (989) 658-8202
Ugly ECC (989) 269-7529
Ugly Elementary ECC (989) 269-7529
USA Early Child Care Center..... (989) 883-3140
Sebewaing, MI

USA ECC..... (989) 883-3611
 Sebewaing, MI
 Zion Child Care Center & Preschool
 Harbor Beach, MI (989) 479-6400
 American Heart Association

Libraries

Bad Axe Public Library..... (989) 269-8538
 Harbor Beach Public Library..... (989) 479-3417
 Pigeon District Library..... (989) 453-2341
 Port Austin Township Library..... (989) 738-7212
 Sebewaing Township Library (989) 883-3520

Schools

Adams Elementary School (989) 269-8944
 Bad Axe, MI
 Ascent High School..... (989) 269-2737
 Bad Axe, MI
 Bad Axe Schools (989) 269-9593
 Big Burning School (989) 269-8853
 Bad Axe, MI
 Caseville Public School (989) 856-2311
 Church Public School..... (989) 269-7772
 Bad Axe, MI
 Eccles School (989) 269-6406
 Harbor Beach, MI
 Harbor Beach Community Schools .. (989) 479-3261
 Huron Intermediate School District. (989) 269-6406
 Bad Axe, MI
 Kipper Elementary School..... (989) 269-7863
 Harbor Beach, MI
 Laker Schools (989) 453-4600
 Pigeon, MI
 Our Lady of Lake Huron School..... (989) 479-3427
 Harbor Beach, MI
 Owendale Gagetown High School ... (989) 678-4141
 Owendale, MI
 Uby Community High School (989) 658-8554
 Unionville-Sebewaing High School .. (989) 883-2534
 Unionville-Sebewaing Middle School
 (989) 883-3140
 Verona Mills School (989) 269-7054
 Bad Axe, MI

Colleges/Career Centers

GST Bad Axe, MI Michigan Works.... (989) 269-2311
 Huron Area Technical Center (989) 269-3437
 Bad Axe, MI
 Mid-Michigan College (989) 386-6661
 On-site at Huron Intermediate School District

Youth Programs

Harbor Beach Cub Scouts..... (989) 550-4034
 Harbor Beach Girl Scouts (989) 315-4485
 Huron County 4-HMichigan State University
 Extension Office (989) 269-9949
 Bad Axe, MI

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police 911

Non-Emergency Phone (989) 269-6421
 American Red Cross..... (800) 733-2767
 Poison Control..... (800) 222-1222
 Suicide Prevention..... (800) 273-8255

Law Enforcement

Bad Axe Police Department (989) 269-9242
 Caseville Police Department (989) 856-3304
 Elkton Police Department (989) 375-4450
 Harbor Beach Police Department (989) 479-3353
 Huron County Sheriff's Office
 Bad Axe, MI (989) 269-6500
 Kinde Police Department (989) 874-4655
 Pigeon Police Department (989) 453-3001
 Port Austin Police Department (989) 738-5180
 Sebewaing Police Department..... (989) 883-2380
 Uby Police Department..... (989) 658-2433

EMPLOYMENT ASSISTANCE

GST Michigan Works Bad Axe, MI.... (989) 269-2311
 Thumb Industries Inc, For individuals with
 vocational disabilities Bad Axe, MI. . (989) 269-9229
 Trillium Staffing Solutions
 Bad Axe, MI (866) 246-0185
 Unemployment Office Hotline..... (800) 638-3995

FINANCIAL ASSISTANCE

Amazing Grace Helping Hands Outreach
 (989) 269-9502
 Human Development Commission .. (989) 673-4121
 Heat/electric assistance, or rental assistance
 Caro, MI
 Huron County Department of Human Services
 Bad Axe, MI (989) 269-9201
 Huron County Homeless Coalition... (989) 269-9502
 MSHDA: Step Forward (866) 946-7432

Tax Assistance

H&R Block..... (989) 269-9351
Taxes.....www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

Active Physical Therapy & Sports Medicine
Bad Axe, MI (989) 269-2700
Anchor Fitness Center..... (989) 738-0015
Port Austin, MI
Bad Axe Fitness Club (989) 269-7398
Complete Fitness..... (989) 269-6563
Bad Axe, MI
Lakeview Extended Care and Rehabilitation
Facility..... (989) 479-3201
Harbor Beach, MI
Ligrow’s 24hr Fitness (989) 872-3260
Cass City, MI
Narayan Rehabilitation..... (989) 269-8700
Bad Axe, MI
Pure Yoga (989) 574-5746
Bad Axe, MI
Sandy Shores Wellness Center Fitness and Pool
Pigeon, MI (989) 856-3004
Sebewaing Health Center (989) 883-2617
Ugly Family Fitness (989) 658-8510

Parks & Recreation

Blue Water Lanes (989) 479-6500
Harbor Beach, MI
Caseville Family Arena (989) 856-8444
Family Go-Karts..... (361) 947-5901
Port Austin, MI
Greanmeadow Lanes (989) 883-2602
Sebewaing, MI
Harbor Beach Kayak..... (989) 551-1314
Knoblock Riding Stable..... (989) 738-7228
Port Austin, MI
Port Austin Kayak & Bike Rental (989) 550-6651
Silver Bullet Speedway..... (989) 678-4447
Owendale, MI
Tip of the Thumb Heritage Water Trail
Caseville, MI (989) 479-6477
Wiley Coyote’s Waterjet Slide (989) 874-4070
Kinde, MI

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Food
Pantries...www.foodpantries.org/st/Michigan
Caseville Community Pantry (239) 293-0494
Food Pantry..... (989) 656-7124
Bay Port, MI
Elkton United Methodist Church-Food Pantry
Elkton, MI (989) 375-4113
Harbor Beach United Methodist Church Harbor
Beach and Port Hope Ministerial Association Food
Pantry (989) 550-0251
Harbor Beach, MI
Spoonful of Plenty-Free Weekly Community Meal
Caro, MI..... (989) 673-4121
St. Hubert Parish Shared Blessings Food
Pantry and Personal Supplies (989) 797-6627
Thumb Breadbasket Intake..... (989) 856-3455

HEALTHCARE SERVICES

Centers for Disease Control (800) 232-4636
Poison Control..... (800) 222-1222
Huron County Health Department .. (989) 269-9721
Bad Axe, MI
McLaren Homecare & McLaren Hospice
..... (800) 840-3147
Home Health (989) 667-2320
Hospice..... (989) 667-2322
Women’s Health Resource Line (800) 994-9662
HAP Senior Plus (800) 868-3153
McLaren Home Care (866) 323-5974

Clinics & Hospitals

McLaren Thumb Hospital..... (989) 269-9521
McLaren Thumb After Hours Clinic.. (989) 269-5152
McLaren Thumb Rehab Services.... (989) 269-1540
McLaren Bad Axe Primary Care..... (989) 269-7606
McLaren Elkton Campus..... (989) 375-2273
McLaren Harbor Beach..... (989)479-3111
McLaren Ugly Family Practice..... (989) 658-2159
McLaren Homecare and Hospice... (800) 840-3147
Karmanos Cancer Institute..... (800) 527- 6266
Caseville Family Medicine (989) 856-3449
Deckerville Same Day Sick Clinic..... (810) 376-2885
Elkton Family Medicine (989) 375-2214
Great Lakes Bay Health Centers..... (989) 623-0137

Harbor Beach Community Hospital . (989) 479-3201
 Harbor Beach Medical Clinic..... (989) 479-3291
 Harbor Beach Specialty Clinic (989) 479-3201
 HMC Primary Care-Bad Axe (989) 269-5258
 Huron Speech & Sensory Clinic
 Bad Axe, MI (989) 963-0132
 Port Austin Family Practice (989) 738-5222
 Port Hope Medical Clinic..... (989) 428-1000
 Redi-Care Clinic (989) 453-3223
 Pigeon, MI
 Scheurer Family Medical Center (989) 453-2141
 Scheurer Hospital..... (989) 453-3223
 Pigeon, MI
 Sebewaing Family Medicine (989) 883-9656
 Thumb Rural Health Network of Bad Axe – Huron
 County Health Department..... (989) 269-9721
 Ubyly Medical Clinic..... (989) 658-9191

Dental Resources

Great Lakes Bay Health Centers Offers sliding fee.
 Bad Axe, MI (989) 331-0555
 Migrant Ministry must be a migrant or 60 years or
 older. Sandusky, MI..... (810) 648-4237

Hearing Assistance

Accuquest Hearing Center (989) 315-8230
 Bad Axe, MI
 Full-service hearing aid office. Free hearing exams,
 and fit and service hearing aids.

Medical Equipment & Loan Closets

ALS of Michigan
 Equipment loan program for ALS and PLS patients
 only..... (800) 882-5764
 Area Agency on Aging- Region VII
 Canes, walkers, grab bars, bed rails, shower
 chairs..... (800) 858-1637
 Michigan CPAP Bank
 All Michigan Counties734) 232-3964
 Muscular Dystrophy Association: Medical
 equipment loan closets in Michigan (800) 572-1717
 Muscular Dystrophy Association Patients with
 Neuromuscular Disease all Michigan Counties
 (517) 706-0348
 Paralyzed Veterans of America- MI (800) 638-6782
 Wheelchairs, power chairs, adaptive sports
 equipment, hoists, lifts, etc.
 Project Freedom Overhead Home Lifts
 All Michigan Counties (734) 240-2565
 The National Federation of the Blind

..... (410) 659-9314
 United Cerebral Palsy Michigan..... (800) 828-2714

Mental Health & Counseling Services

Association for Children’s Mental Health
 Parent Line (888) 226-4543
 Huron Behavioral Health..... (989) 269-9293
 Huron Behavioral Health Emergency
 (800) 356-5568
 List Psychological Services PLC
 Pigeon, MI (989) 453-3051
 Problem Gambling Helpline (800) 270-7117
 Substance Abuse Hotline..... (800) 662-4357
 SEMCA (Substance Abuse) (800) 686-6543
 Michigan HIV/AIDS Hotline..... (800) 872-2437

Pharmacies & Prescription Assistance

Elder Prescription Insurance Program
 (866) 747-5844
 Senior Prescription Drug Assistance Harbor Drug
 Harbor Beach, MI (989) 315-8605
 LifeSource Direct (866) 340-4748
 Uninsured and Underinsured
 Michigan Medicare/Medicaid Assistance Program
 (MMAP)..... (800) 803-7174
 MiRx Discount Card..... (866) 755-6479
 For patients without drug coverage
 NeedyMeds (800) 503-6897
 Northgate Pharmacy (989) 269-8061
 Bad Axe, MI
 Orr’s Drug Store Inc (989) 453-2234
 Pigeon, MI
 RxAssist.....www.rxassist.org
 RX Outreach..... (800) 769-3880
 Scheurer Family Pharmacy Locations
 Caseville (989) 856-2900
 Elkton (989) 375-2121
 Pigeon (989) 453-2535
 Sebewaing (989) 883-3850
 Wal-Mart Pharmacy (989) 269-9746
 Bad Axe, MI
 Walgreens Pharmacy (989) 269-6973
 Bad Axe, MI

Retail Discount Drug Programs

Kroger	ask pharmacist
Meijer (select free prescriptions)	ask pharmacist
Target (\$4/ \$10 (generics program)	ask pharmacist
Sam’s Club (\$4/\$10 prescription)	ask pharmacist
Wal-Mart (\$4/\$10 prescription)	ask pharmacist

Walgreens ask pharmacist

Substance Abuse

- Access Alliance of Michigan (800) 448-5498
- CDC Hotline (800) 232-4636
- Huron Behavioral Health..... (989) 269-9293
- Bad Axe, MI
- Huron County SafePlace (989) 269-5300
- List Psychological Services PLC..... (989) 453-3051
- Pigeon, MI
- Narcotics Anonymous Hotline..... (877) 338-1188
- Narcotics Anonymous (800) 230-4085
- Press "2" then choose thumb area
- Sacred Heart Rehabilitation Center . (888) 802-7472
- Sanilac County Community Mental Health
..... (888) 225-4447
- Substance Abuse Hotline (800) 662-4357
- Substance Use Treatment Services.. (800) 834-3393
- Thumb Area Unity Council-
- Local AA..... (989) 670-4996
- Tuscola Behavioral Health Systems . (989) 673-6191

Vision Assistance

- Huron County Health Department
- Free or low cost (989) 269-9721
- Bad Axe, MI
- Vision USA..... (800) 766-4466

HOUSING ASSISTANCE

- Caseville Housing Commission..... (989) 856-3323
- HUD Rental Assistance..... (800) 569-4287
- Human Development Commission .. (989) 269-9502
- Huron County Homeless Solutions .. (810) 648-2555
- Huron County NEMSCA General Housing Program
..... (989) 358-4700
- Huron County NEMSCA Rental Assistance Program
..... (989) 358-4678

Emergency Shelters & Warming Centers

- Huron County SafePlace (989) 269-5300
- For survivors of domestic abuse and sexual assault
- Human Development Commission .. (989) 673-4121

Heating/Utility Assistance & Home

Repairs/Weatherization

- Homeowner Rehabilitation Program
- Assistance with roofs, siding, windows, and other
necessary repairs. (989) 673-4121

- Human Development Commission Weatherization
Program..... (800) 843-6394
- Huron County NEMSCA Heat and utility assistance
..... (989) 358-4713
- NEMSCA Weatherization Program .. (989) 358-4700
- The Heat and Warmth Fund (800) 866-8429

Low Income Housing

- Harbor House Apartments..... (989) 479-6853
- Harbor Beach, MI
- McKinley Apartments (989) 375-4500
- Elkton, MI
- Port Crescent Apartments (989) 269-9880
- Bad Axe, MI
- Sebewaing Terrace Apartments..... (989) 883-3570
- Sebewaing, MI
- Village Square Apartments (989) 269-9017
- Bad Axe, MI
- Woods Apartments..... (989) 269-9368
- Bad Axe, MI

LEGAL ASSISTANCE

- Legal Aid Legal Service (888) 733-1853
- Legal Hotline for Michigan Seniors.. (800) 347-5297
- Legal Services of Eastern Michigan.. (888) 783-8190
- Thumb Area Assault Crisis Center.... (800) 292-3666

PARENTING/PREGNANCY RESOURCES

- Breast Feeding Helpline..... (800) 994-9662
- La Leche League..... (800) 525-3243
- Childbirth Education Classes-Huron Medical
Center..... (989) 269-2882
- Family Mentor Program Huron County Health
Department Home based program for expectant
families or families with children ages zero to five.
..... (989) 269-3492
- Parent Help Line..... (800) 942-4357
- Parents of Special Needs..... (800) 359-3722
- WIC..... (800) 942-1636
- Child Safety Seat Inspection (866) Seat-
Check
- Positive Alternatives Non-Medical pregnancy
center, free pregnancy tests, option education,
referrals, parenting classes, material assistance.
..... (989) 269-6760
- 24-Hour Crisis Line (800) 275-1995

SUPPORT GROUPS

Children’s Special Healthcare..... (800) 359-3722
Epilepsy Support Group..... (800) 377- 6226
Huntington’s Disease..... (800) 909-0073
Leukemia..... (800) 456-5413
Michigan HIV/AIDS Hotline..... (800) 872-2437
Muscular Dystrophy Association.... (800) 572-1717
Parkinson’s..... (800) 852-9781
Problem Gambling Helpline..... (800) 270-7117
United Cerebral Palsy of Michigan. (800) 828-2714
Michigan Disability Network Directory
www.dnmichigan.org

TRANSPORTATION

Thumb Area Transit (989) 269-2121

TRIBAL SERVICES

Department of Civil Rights (517) 335-3165
Michigan Indian Legal Services (800) 968-6877

VETERANS AFFAIRS

CHAMPVA..... (800) 733-8387
CHAMPVA Meds by Mail..... (888) 385-0235
Huron County Veteran’s Affairs..... (989) 269-8911
Bad Axe, MI
Veterans Affairs..... (844) 698-2311
Veterans Administration..... (800) 827-1000
Veteran’s Crisis Line (800) 273-8255

VOLUNTEER OPPORTUNITIES

American Red Cross..... (800) 733-2767

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.